



Playground Safety Tip

High Frequency Inspections

It is important to perform regular high frequency inspections on your playground. A high frequency inspection is an examination of the playground, specifically looking for any safety issues that may have changed over a short period of time. Some things to look for while doing inspections are trash on the playground, insufficient playground surfacing, broken outdoor toys, etc.

Inspections can be done once a week, once a day, twice a day, or whatever best suits the needs of the program and ensures safety on the playground. For example, if an organization has people playing on their playground after hours and leaving trash, glass, or other items behind, they would need to do an inspection every morning to clean these items up before the children can come out and safely play.



It is also important to inspect areas on the playground that have lots of wear and tear, such as the ends of slides, under swings, high traffic zones, and areas near climbing equipment. If you have loose fill material as playground surfacing, the loose fill material may have been displaced during play. Make sure to check these areas and return any material that was displaced.

Looking for trash and filling in loose fill materials are just two examples of things that should be checked for on a high frequency. Every organization should create a unique list for their playground that includes what to look for during an inspection, how often to inspect, and when to inspect. All playground sites are not the same and by tailoring the high frequency inspection list to the site, you can minimize the amount of time staff spend doing the inspection and maximize the quality of the inspection.



Everyone at The Adventurous Child values playground safety and we'd be happy to answer any questions that you may have. Please feel free to email or call us at any time with your questions.

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